



## Medium Term Plan

<b>Subject</b>	Enrichment First Aid	<b>Term</b>	Full Year Different groups each term	<b>Class</b>	KS3
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**Main Aims:-**

- To understand what is First Aid
- To understand why First Aid is important
- To be able to use some basic First Aid practices

Learning Objectives Enquiry Questions	Suggested Activities and Differentiation	Required Resources	Assessment Opportunities	Evaluation
<p><b><u>Stay Safe</u></b></p> <ul style="list-style-type: none"> <li>• What is First Aid?</li> <li>• Why is First Aid such a big deal</li> </ul>	<ul style="list-style-type: none"> <li>• Q &amp; A session, 'What is First Aid?'</li> </ul>	<ul style="list-style-type: none"> <li>• IWB</li> <li>• Life. Live it Website</li> </ul>	<ul style="list-style-type: none"> <li>• Q &amp; A responses</li> </ul>	
<p><b>To enable pupils to:</b></p> <ul style="list-style-type: none"> <li>• identify dangers by looking and listening</li> <li>• decide if an area is safe</li> <li>• make an area safe</li> </ul>	<ul style="list-style-type: none"> <li>• What is Risk? Brainstorm/Explain</li> <li>• Show some of the short film scenario: Hot chocolate - part 1</li> <li>• What happens next? Activity</li> <li>• Resume film</li> </ul>	<ul style="list-style-type: none"> <li>• IWB</li> <li>• Life. Live it Website</li> <li>• Worksheets: 1a: Garden dangers</li> </ul>	<ul style="list-style-type: none"> <li>• Q &amp; A responses</li> <li>• Completion of exercises</li> </ul>	



Learning Objectives Enquiry Questions	Suggested Activities and Differentiation	Required Resources	Assessment Opportunities	Evaluation
<ul style="list-style-type: none"> <li>be able to help someone <b>without risk to themselves</b>.</li> </ul>	<ul style="list-style-type: none"> <li>Q &amp; A session</li> </ul>	1b: Risky business <ul style="list-style-type: none"> <li>Interactive activity 1: Spot the danger</li> <li>Film scenario 1: Hot chocolate - part 1</li> </ul>		
<p><b>To enable pupils to:</b></p> <ul style="list-style-type: none"> <li>identify dangers by looking and listening</li> <li>decide if an area is safe</li> <li>make an area safe</li> <li>be able to help someone <b>without risk to themselves</b>.</li> </ul>	<ul style="list-style-type: none"> <li>Kitchen scene activity</li> <li>Reinforce the message that spotting hazards and risks helps us to avoid danger and keeps us safe.</li> <li>Explain how pupils need to <b>recognise risk to themselves</b> if helping someone else</li> <li>Complete worksheet 1a</li> <li>Complete table activity in pairs</li> <li>Complete worksheet 1b</li> <li>Carry out a simple survey of the classroom or other part of the school (such as a PE store) to identify possible hazards and how</li> </ul>	<ul style="list-style-type: none"> <li>IWB</li> <li>Life. Live it Website</li> <li>Worksheets:               <ul style="list-style-type: none"> <li>1a: Garden dangers</li> <li>1b: Risky business</li> </ul> </li> <li>Interactive activity 1: Spot the danger</li> </ul>	<ul style="list-style-type: none"> <li>Completion of exercises</li> <li>Completed worksheets</li> </ul>	



Learning Objectives Enquiry Questions	Suggested Activities and Differentiation	Required Resources	Assessment Opportunities	Evaluation
	<p>they can be made safer.</p> <ul style="list-style-type: none"> <li>• Can they think of any hazards in their own homes?</li> </ul>			
<p><b>To enable pupils to:</b></p> <ul style="list-style-type: none"> <li>• identify dangers by looking and listening</li> <li>• decide if an area is safe</li> <li>• make an area safe</li> <li>• be able to help someone <b>without risk to themselves.</b></li> </ul>	<ul style="list-style-type: none"> <li>• Safer playground activity: Take the class outside and ask children to list suggestions for making the playground and outdoor play equipment safer; can they spot any hazards? Have they seen pupils taking risks when using the equipment?</li> <li>• When hazards and risks have been identified, pupils can make simple warning notices outlining the dangers and helping pupils to avoid accidents.</li> </ul>	<ul style="list-style-type: none"> <li>• Playground</li> <li>• Notepads</li> </ul>	<ul style="list-style-type: none"> <li>• Q &amp; A responses</li> <li>• Completed work</li> </ul>	
<p><b>To enable pupils to:</b></p> <ul style="list-style-type: none"> <li>• identify dangers by looking and listening</li> <li>• decide if an area is safe</li> <li>• make an area safe</li> <li>• be able to help someone <b>without risk</b></li> </ul>	<ul style="list-style-type: none"> <li>• Ask pupils what they have learnt and how they can keep themselves safe.</li> <li>• Remind them of the meaning of first aid by asking them to think about the words 'first' and 'aid': it is about the first help that</li> </ul>	<ul style="list-style-type: none"> <li>• Assessment quiz part 1</li> </ul>	<ul style="list-style-type: none"> <li>• Completed quiz</li> </ul>	



Learning Objectives Enquiry Questions	Suggested Activities and Differentiation	Required Resources	Assessment Opportunities	Evaluation
<p>to themselves.</p>	<p>someone gets.</p> <ul style="list-style-type: none"> <li>• Reinforce the key learning points:</li> <li>• Nobody ever thinks they are going to have an accident, but accidents happen every day of the year, to all sorts of people.</li> <li>• It is important to recognise risks by looking and listening for danger at home, at school, doing sport and when out and about.</li> <li>• Be sure to check whether an area is safe, even if the place is familiar (Dan's kitchen was familiar to him and Kelly but he still ended up with a painful burn).</li> <li>• Sometimes accidents happen when we're tired, unprepared or distracted.</li> <li>• Try to make an area safe by dealing with hazards carefully or by getting adult help.</li> <li>• Helping others is good, but pupils should always keep themselves</li> </ul>			



Learning Objectives Enquiry Questions	Suggested Activities and Differentiation	Required Resources	Assessment Opportunities	Evaluation
	safe when doing so. <ul style="list-style-type: none"> <li>Complete assessment quiz part 1</li> </ul>			
<p><b>Help save lives</b></p> <p><b>To enable pupils to:</b></p> <ul style="list-style-type: none"> <li>keep themselves safe</li> <li>give first aid in different situations</li> <li>know when they need to get help</li> <li>know what to do in an emergency.</li> </ul>	<ul style="list-style-type: none"> <li>Remember the 'first aid' definition</li> <li>Explain injuries</li> </ul>	<ul style="list-style-type: none"> <li>IWB</li> <li>Life. Live it website</li> </ul>		
<p><b>To enable pupils to:</b></p> <ul style="list-style-type: none"> <li>keep themselves safe</li> <li>give first aid in different situations</li> <li>know when they need to get help</li> <li>know what to do in an emergency</li> </ul>	<ul style="list-style-type: none"> <li>Show some of the short film scenario: Hot chocolate - part 2</li> <li>When film pauses ask questions: 'What do you think happens next?' 'What should they do?'</li> <li>Watch next section.</li> <li>When film pauses ask the questions again.</li> <li>Watch film to end. Ask questions about seriousness of injury, what</li> </ul>	<ul style="list-style-type: none"> <li>IWB</li> <li>Life. Live it website</li> </ul>	<ul style="list-style-type: none"> <li>Q &amp; A responses</li> <li>Completion of exercises</li> </ul>	



Learning Objectives Enquiry Questions	Suggested Activities and Differentiation	Required Resources	Assessment Opportunities	Evaluation
	<p>Kelly did, was it the best thing to do, how would feel, how would you stay calm?</p>			
<p><b>To enable pupils to:</b></p> <ul style="list-style-type: none"> <li>• keep themselves safe</li> <li>• give first aid in different situations</li> <li>• know when they need to get help</li> <li>• know what to do in an emergency</li> </ul>	<ul style="list-style-type: none"> <li>• What does 'treatment' mean?</li> <li>• Complete scenario 'burns' (in Treat me activity) on IWB</li> <li>• Discuss</li> <li>• Watch 'How to Video'</li> <li>• Reinforce, make notes using worksheet 2a</li> <li>• Work through all scenarios (in Treat me activity) in the same way</li> <li>• Complete worksheet 2b</li> <li>• Watch 'How to' video on Asthma</li> <li>• Q &amp; A 'What are the signs of an attack?'</li> <li>• Discuss allergic reactions</li> <li>• Steps to take in both situations</li> <li>• Practical activity demonstrating skills learnt</li> <li>• Complete assessment quiz part 2</li> </ul>	<ul style="list-style-type: none"> <li>• IWB</li> <li>• Life. Live it website</li> <li>• Worksheets 2a &amp; 2b</li> <li>• First Aid materials</li> <li>• 'What you need to know' information sheet</li> <li>• Assessment quiz part 2</li> </ul>	<ul style="list-style-type: none"> <li>• Q &amp; A responses</li> <li>• Completion of exercises</li> <li>• Practical aspects</li> <li>• Completion of assessment quiz part 2</li> </ul>	
<ul style="list-style-type: none"> <li>• Know what household items would be useful</li> </ul>	<ul style="list-style-type: none"> <li>• Pupils to identify household items and what they could be used for</li> </ul>	<ul style="list-style-type: none"> <li>• Household items</li> </ul>	<ul style="list-style-type: none"> <li>• Items identified</li> </ul>	



Learning Objectives Enquiry Questions	Suggested Activities and Differentiation	Required Resources	Assessment Opportunities	Evaluation
in an emergency situation			<ul style="list-style-type: none"> <li>• Explanations</li> </ul>	
<p><b><u>Emergency Action</u></b> To enable pupils to:</p> <ul style="list-style-type: none"> <li>• Know that getting help in an emergency is an important part of first</li> <li>• Learn when to get adult help</li> <li>• Know how to call 999</li> <li>• Find out what happens when they call 999 and what information they need to give</li> <li>• Keep clam and help a person who needs first aid</li> <li>• Not to worry - the 999 operator will help them</li> </ul>	<ul style="list-style-type: none"> <li>• Explain 'Emergency'</li> <li>• Ask pupils to think of other situations that are emergencies</li> <li>• Watch 'Hot chocolate' part 3</li> <li>• When film pauses ask questions, 'What do you think happens next?' 'What should they do?'</li> <li>• When film pauses ask the questions again</li> <li>• Watch film to end. Ask questions, 'Were they right to get adult help?', 'How did Kelly know what to do?', 'What happened when Kelly dialled 999?', 'What questions did the 999 operator ask?', 'How would you feel?', 'How would you stay calm?'</li> <li>• Give out Set 4 scenario cards and encourage discussion in pairs or small groups</li> <li>• Class discussion - where treatment</li> </ul>	<ul style="list-style-type: none"> <li>• IWB</li> <li>• Life. Live it website</li> <li>• Worksheets 3a &amp; 3b</li> <li>• Scenario cards</li> </ul>	<ul style="list-style-type: none"> <li>• Q &amp; A responses</li> <li>• Completion of exercises</li> <li>• Role play participation</li> </ul>	



Learning Objectives Enquiry Questions	Suggested Activities and Differentiation	Required Resources	Assessment Opportunities	Evaluation
	<p>could be given and what it should be</p> <ul style="list-style-type: none"> <li>• Give out Set 3 scenario cards and repeat activity</li> <li>• Role play an emergency call (3a)</li> <li>• Complete worksheet 3b</li> <li>• Complete interactive activity 999 emergency</li> <li>• Set 1 scenario cards in 2's and 3's discuss</li> <li>• Class discussion who is correct and why</li> <li>• Set 2 scenario cards act out in pairs for the class</li> </ul>			
<ul style="list-style-type: none"> <li>• Create a '999 card'</li> <li>• Describing location</li> </ul>	<ul style="list-style-type: none"> <li>• Create a '999 card' - listing the questions that the emergency call operator will ask</li> <li>• Imagine they are out and about when they come across an emergency.</li> <li>• Practice describing location - road names, shops, buildings or landmarks</li> <li>• Complete assessment quiz part 3</li> </ul>	<ul style="list-style-type: none"> <li>• IWB</li> <li>• Life. Live it website</li> <li>• Google maps</li> <li>• Google Street View</li> <li>• Assessment quiz part 3</li> </ul>	<ul style="list-style-type: none"> <li>• Q &amp; A responses</li> <li>• Completed work</li> <li>• Completion of assessment quiz part 3</li> </ul>	





Walton Hall Special School  
Key Stage 3  
Medium Term Plan

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