

Walton Hall Academy

PSHE Curriculum Overview

Key Stage 3

In Key Stage 3, PSHE is about developing the personal wellbeing of our students. It is this which helps young people embrace change, feel positive about who they are and enjoy healthy, safe, responsible and fulfilled lives.

Through active learning opportunities including:

- Sexual Relationship Education;
- Drug education;
- British values;
- financial education;
- citizenship and democracy;
- human rights and
- staying safe for example,

students recognise and manage risk, take increasing responsibility for themselves, their choices and behaviours and make positive contributions to their families, schools and communities.

As students learn to recognise, develop and communicate their qualities, skills and attitudes, they build knowledge, confidence and self-esteem and make the most of their abilities. As they explore similarities and differences between people and discuss social and moral dilemmas, they learn to deal with challenges and accommodate diversity in all its forms. The world is full of complex and sometimes conflicting values. Personal wellbeing helps students explore this complexity and reflect on and clarify their own values and attitudes. They identify and articulate feelings and emotions, learn to manage new or difficult situations positively and form and maintain effective relationships with a wide range of people.

Personal wellbeing makes a major contribution to the promotion of the personal development of each student at this Key Stage at Walton Hall Academy.

Key Stage 4

Personal, Social and Health Education (PSHE) in key stage 4 is highly tailored to meet the needs of the learners. As such, the yellow class and green class enjoy a varied curriculum in this subject and topics chosen reflect conversations between staff and learners in which learners have expressed a concern or interest in a particular area. Some of the topics covered include:

- Promotion of emotional well-being
- Building resilience
- Unhealthy and healthy coping strategies in a range of situations
- Sex and relationship education
- Developing Drug and Alcohol awareness.

Lessons are often discussion based and allow the learners the opportunity to develop their understanding of the topics, form opinions and challenge their preconceptions.

In our additional needs group, students are not taught PSHE through a timetabled lesson, but through all the work that they do in school. Students are developed personally and socially across the curriculum with the focus on improving independence and life skills through providing strategies to manage their own behaviour and develop positive emotional and mental well-being.

Key Stage 5

In Key Stage 5 the PSD (Personal and Social Development) curriculum makes an essential contribution to preparing our students for opportunities, responsibilities and experiences of life. It is offered through discreet curriculum sessions, special events and enrichment opportunities, but its core values and practices are integral to our foundation learning programme.

We aim to offer imaginative ways of supporting young people in:

- becoming confident individuals who are physically, emotionally and socially healthy
- being responsible citizens who make a positive contribution to society and embrace change
- managing risk together with their own wellbeing as well as introducing them to new activities and personal challenges.

Accreditation is provided through BTEC Award in PSD which offers a wealth of study units that can be attained individually or accrued over time to create the Award qualification at Entry Level to Level 1. Students working at pre-entry level can access similar content through the Personal Progress suite of units.

At Walton Hall Academy we understand that PSD has a recognised impact on academic and personal achievement, effective in enabling pupils to explore attitudes and values, behaviour and relationships through themes that are current and relevant to our students. Our curriculum reflects this in our pastoral, independent study and current affairs sessions, which supplement PSD and give students some autonomy over their learning. Topics of study are carefully selected to reflect the needs of the students and current social issues, with an overall aim of supporting them to develop at a pace that is right for them and appropriate to their future destination.