



Walton Hall Academy Long Term Planning

Key Stage 3 PHSE

2016-17



BW ADDITIONAL NEEDS GROUP

Autumn

Health and Wellbeing

1. Making Healthy choices 3.3a (Health and Exercise)
2. Exercise is fun and personal Hygiene 3.3.e and f

Spring

PSHE Equals Unit 3.4a Changing Relationships

1. To learn about the changing nature of, and pressure on, relationships with friends and family.
2. To develop the knowledge, understanding, skills values and attitudes to enable students to make healthy lifestyle choices.
3. To reflect on how 'British Values' might influence my decision making around my health and well-being.

Summer

3.1a Money and Environment

3.2e Looking after our school

Year 7

Main Aims

To develop the knowledge, understanding, skills values and attitudes to: enable students to deal with positively with different relationships; make healthy lifestyle choices and to live successfully in the Wider World.

Autumn

PSHE – Relationships

To understand and cope with changing relationships. To develop the knowledge, understanding, skills values and attitudes to: enable students to deal positively with different relationships; to make positive choices; give or refuse consent; be able access support networks; begin to reflect on what we mean by 'British Values' and how they might influence me
To understand that they can speak to staff about any issues and that staff will always work with them to enable them to manage any issues.

Spring

PSHE – Health and Well-Being

To develop the knowledge, understanding, skills values and attitudes to enable students to make healthy lifestyle choices.
To reflect on how 'British Values' might influence my decision making around my health and well-being.
Pupils are able to discuss any issues with school staff on a daily basis, within or outside of circle time

Summer

PSHE – Living in the Wider World

To develop the knowledge, understanding, skills values and attitudes to enable students to successfully live in the Wider World.
To understand what is meant by 'British Values' and to begin to reflect if this affects the way I live in the wider world?

Year 8

Main Aims

To develop the knowledge, understanding, skills values and attitudes to: enable students to deal with positively with different relationships; make healthy lifestyle choices and to live successfully in the Wider World.

Autumn

PSHE – Relationships

To develop the knowledge, understanding, skills values and attitudes to: enable students to deal with positively with different relationships; to make positive choices; give or refuse consent; be able access support networks.

To learn about their own and other people's human rights, the need to give or receive consent and where, why and how to get further or specialist help.

To understand how feelings change with puberty.

To reflect on how 'British values' might influence my relationship decisions

Spring

PSHE – Health and Well-Being

To develop the knowledge, understanding, skills values and attitudes to enable students to make healthy lifestyle choices.

To understand how I can review and evaluate my healthy lifestyle.

To understand how I can take personal responsibilities for keeping healthy, safe and well.

To begin to understand how holding British values may affect my health and well-being decisions

To begin to feel comfortable and realise that staff are there work and enable them to manage any issues of concern.

Summer

PSHE – Living in the Wider World

To develop the knowledge, understanding, skills values and attitudes to successfully live in the Wider World.

To develop the ability to reflect on how being 'British' affects the way I live my life

Year 9

Main Aims

To develop the knowledge, understanding, skills values and attitudes to: enable students to deal with positively with different relationships; make healthy lifestyle choices and to live successfully in the Wider World.

Autumn

PSHE – Relationships

To develop the knowledge, understanding, skills values and attitudes to: enable students to deal with positively with different relationships: to make positive choices; give or refuse consent; be able access support networks; to reflect on our relationship with our country

Spring

PSHE – Health and Well-Being

To develop the knowledge, understanding, skills values and attitudes to enable students to make healthy lifestyle choices.

To understand how I can review and evaluate my healthy lifestyle.

To understand how I can take personal responsibilities for keeping healthy, safe and well.

To understand how holding British values affects my health and well-being decisions

Summer

PSHE – Living in the Wider World

To develop the knowledge, understanding, skills values and attitudes to enable students to live well in the wider world.

To enable students to reflect on the importance of us all learning to become effective citizens and show pride in being British.

To be comfortable and feel empowered in finding help and discussing important issues with staff or outside organisations on a needs led basis, within or outside of class time.



Walton Hall Academy Long Term Planning

Key Stage 4 PHSE

2016-17



Yellow Group

Autumn

Promoting Emotional Wellbeing

Resilience and Reframing Failure

Spring

Unhealthy Coping Strategies- Self Harm

Unhealthy Coping Strategies-Eating Disorders

Summer

Healthy Coping Strategies

Mindfulness

Sex Education

FS – Yellow Group (E1 – E3)

Autumn

Promoting Emotional Wellbeing
Resilience and Reframing Failure

Spring

Avoiding conflict
Mindfulness

Summer

Drugs and Alcohol
Sex Education

Green Group



Walton Hall Academy Long Term Planning

Key Stage 5 PHSE

2016-17



SUBJECT	Personal and Social Development	CLASS	JW	ACADEMIC YEAR	2016 -2017
---------	---------------------------------	-------	----	---------------	------------

Students will complete units taken from the Edexcel Personal and Social Development Qualification. It is hoped that by the end of the academic year pupils will have achieved enough credits to have achieved an award in either Level 1 or Entry 3.

AUTUMN / SPRING 1	<p><u>Unit 17: Community Action</u> Unit code: F/502/0459 OCF level: Entry 3 Credit value: 2</p> <p><u>Unit 7: Community Action</u> Unit code: M/502/0473 OCF Level: Level 1 Credit value: 2</p>	<p>To demonstrate an understanding of the role that community groups play describing two different groups and their activities</p> <p>To demonstrate an involvement with a community group, for example, Christmas Party for local nursery, afternoon tea for local home for the elderly.</p> <p>To provide an action plan of how continued support can be provided to these groups.</p>
-------------------	--	--

SPRING 2/ SUMMER	<p><u>Unit 18: Healthy Living</u> Unit code: T/502/0460 QCF level: Entry 3 Credit value: 2</p> <p><u>Unit 8: Healthy Living</u> Unit code: F/502/0476 QCF Level: Level 1 Credit value: 2</p>	<p>Understand the importance of leading a healthy lifestyle</p> <ul style="list-style-type: none"> o Describe the key elements of a healthy lifestyle o Explain why a healthy lifestyle is important <p>Demonstrate how they contribute to own healthy lifestyle</p> <ul style="list-style-type: none"> o Select and carry out activities which contribute to a healthy lifestyle <p>Review the activities undertaken to maintain a healthy lifestyle</p> <ul style="list-style-type: none"> o Carry out a review of their activities o Describe what went well and areas for improvement o Describe how the activities have improved their lifestyle o Suggest further activities which could contribute to a healthy lifestyle.
-------------------------	--	--